Week of:
When you plan one week, start the inbox for the next. Note any tasks or commitments that come to mind during the current week. When you are ready to plan the new week, check this inbox along with your calendar and regular task lists.
Planning Notes
Week of:
What do you need to plan around? Important deadlines, travel? Are there days when you can focus, and other days when you are going from meeting to meeting? What are you doing for fun this

week? Write notes down here about what you want to keep in mind when you make your schedule for

Inbox (for the week *after* current week)

the week.

Datebook

Week of: _____

Monday	
Date:	
Tuesday	
Date:	
Wednesday	
Date:	
Thursday	
Date:	
Friday	
Date:	
Saturday	
Date:	
Sunday	
Date:	
Looking Ahead to Next	
Week	

- Monday—Sunday boxes: appointments, meetings, and hard deadlines only
- Weekly routines might go here; or if there are several, make a separate weekly routine checklist.
- "Looking Ahead" box: what would be helpful to know about next week? Any important meetings or dead-lines coming up next week? Travel? Visitors? Note it here.

<u>Tasks</u>

Week of:	
List your to-dos for the week here. Tasks that have hard deadlines (e.g. a tax deadline) can go into th	16
Datebook section.	

Weekly Routines Checklist

Monday Tuesday Wednesday Thursday Friday Soturday Sounday Notes		
Wednesday Thursday Friday Saturday Sunday	Monday	
Wednesday Thursday Friday Saturday Sunday		
Thursday Friday Saturday Sunday	Tuesday	
Thursday Friday Saturday Sunday		
Friday Saturday Sunday	Wednesday	
Friday Saturday Sunday		
Saturday Sunday	Thursday	
Saturday Sunday		
Sunday	Friday	
Sunday		
	Saturday	
Notes	Sunday	
Notes		
	Notes	